WEEK 1 SUMMER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST		
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
		MORNING SNACK		
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
		LUNCH		
Macaroni cheese with peas & sweetcorn	Chicken & vegetable risotto	Pasta bolognese	Tomato & meatballs with rice	Fish pie with mixed vegetables
Yoghurts	Chocolate custard with chocolates sprinkles	Blackcurrant jelly with fruit	Yoghurt & fruit compote	Fruit crumble
		TEA		
Chicken & ham finger rolls with salad sticks & crisps. A selection of fruit	Toasted crumpets with butter or soft cheese, tomatoes & salad sticks	Wholemeal muffin pizza with toppings peppers, sweetcorn, cheese & tomatoes	Crusty bread with soft cheese, pate, salad sticks & crisps Melon	Sweet potato & lentil soup with wholemeal bread Malt loaf
	Bananas	A selection of fruit		
		BABIES UPTO 1YR		
Tomato soup with bread	Spaghetti with bread rolls	Lentil & vegetable puree	Sweet potato & vegetable mash	Baked beans with bread roll
		5pm Snack		
	A selection of	crackers, bread sticks,	fruit and drinks	

WEEK 2 SUMMER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 🥠
		BREAKFAST		
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
		MORNING SNACK		
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
		LUNCH		
Tomato & vegetable pasta	Meatballs & mixed vegetable risotto	Cauliflower, cheese pasta bake	Chicken hot pot.	Cowboy pie (sausage, mash & beans)
Yoghurts	Banana cake	Strawberry whip with strawberries	Rhubarb fool	Fruit jelly
		TEA		
Toasted bagel with butter or soft cheese & salad sticks Malt loaf	Tuna mayo, ham or chicken sandwiches with salad sticks & crisps A selection of fruit	Baked beans on wholemeal toast Bananas	Pork, lentil & veg sausage rolls, with salad sticks A selection of fruit	Quiche and potato wedges and cucumber sticks Melon
		BABIES UPTO 1YR		
Muffins with baked beans	Fish fingers with mashed potato	Spaghetti with bread rolls	Cheesy scrambled egg with bread roll	Cheesy pasta
		5pm Snack		
	A selection of cra	ckers, bread sticks, fruit	and drink	

WEEK 3 SUMMER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST		
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
		MORNING SNACK		
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
		LUNCH		
Tuna pasta with peas & sweetcorn	Minced beef & onions with mash & mixed vegetables	Chicken korma with rice	Turkey pasta bolognese	Vegetable & lentil cottage pie
Yoghurts	Shortbread	Raspberry jelly with raspberries	Ice cream or sorbet	Mango fool
		TEA		
Wholemeal muffin pizza with toppings cheese, tomatoes, peppers & mushrooms A selection of fruit	Toasted bagel with sunflower butter or soft cheese & tomatoes with salad sticks Malt loaf	Mini sausages, cheese, crackers, crisps with salad sticks A selection of fruit	Ham, chicken or soft cheese sandwiches with salad sticks Melon	Crusty bread with ham, soft cheese, salad sticks & crisps Bananas
		BABIES UPTO 1YR		
Cauliflower cheese	Mushroom pasta	Tomato soup with bread	Sweet potato mash	Cheesy mini waffles
		5pm Snack		
	A selection of	crackers, bread sticks, f	ruit and drinks	

WEEK 4 SUMMER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST		
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
		MORNING SNACK		
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
		LUNCH		
Mixed bean stew with couscous	Creamy mushroom pasta with sweetcorn	Turkey chilli con carne with rice	Chicken & vegetable Pie with roasties	Corned beef hash
Yoghurts	Carrot cake	Ice cream & sprinkles	Eves pudding	Fruit crumble
		TEA		
Cheese & crackers with mini sausages & crisps Melon	Chicken or ham sandwiches with salad sticks & crisps Fruit	Toasted crumpet with butter or soft cheese, salad sticks & crisps. Bananas	Cheese and tomato naan pizza with salad sticks	Meatballs, naan cucumber sticks & crisps. Malt loaf
		BABIES UPTO 1YR		
Sweet potato & vegetable mash	Vegetable soup with bread roll	Rice & vegetables	Mini sausages with baked beans	Lentil & vegetable soup with bread
		5pm Snack		